



Weekly Class Schedule

****Effective October 1st 2019****

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Sat & Sun
Private Lessons	4:30 -5 PM Dragon SkillZ (Ages 4 & 5)	Private Lessons	Private Lessons	Private Lessons	Belt Exams, Seminars & Special Events Scheduled
5 — 5:45 PM Dragons (Ages 5.5 to 7/8)	5—6 PM Beginner Sparring (Ages 5 to 9)		5—5:45 PM Dragons (Ages 5.5 to 7/8)		
6—7 PM Beginners (Ages 8 to Adult, White & Yellow Belts)	6 -7 PM Intermediate & Advanced Class (Orange Belt & Up)	Belt Exams, Seminars & Special Events as Scheduled	6—7 PM Beginners (Ages 8 to Adult, White & Yellow Belt)		Belt Exams, Seminars & Special Events as Scheduled
7—8 PM Beginner Sparring (Ages 10 to 15, Yellow & Orange)	7-8 PM Sparring (Orange belt & Up)		7—8 PM Intermediate & Advanced Class (Orange Belt & Up)		
8—9 PM Adult & Teen Class (Ages 14 to Adult)	8—9 PM Ground Class (Orange belt & Up)		8—9 PM Adult & Teen Sparring (Ages 14 to Adult)	AmericanFamilyKarate.com 607-542-9571 	